

MASS OPTIONS

A free referral service that connects older adults, people with disabilities, and caregivers with the help they are looking for.



**Need to know your options
for elder care and disability
services in Massachusetts?**

Our call center is waiting
for your call.

5 days a week- 9am to 5pm.

TOLL-FREE

1-800-243-4636

OR VISIT

MassOptions.org



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Massachusetts Executive Office
of Health and Human Services